

CONFERENCE PROGRAMME

Friday • 16 October 2026

08:00–08:05 **Conference opening**
Roman Brzóska

08:05–08:10 **Welcome speech by the presidents of PTA and PTBŁ**

SESSION 1

08:10–09:00

BASIC SHOULDER

Moderators: Adrian Błasiak, Marek Kulczyk, Andrei Popescu

08:10–08:20 Shoulder anatomy through the ages – **Roman Brzóska**
08:20–08:30 LHB from A to Z: complications after tenotomy and tenodesis – **Marek Kulczyk**
08:30–08:40 PASTA-type rotator cuff tears – **Piotr Kominiak**
08:40–08:50 Intratendinous tears and their secrets – **Krzysztof Hermanowicz**
08:50–09:00 Discussion

LIVE SURGERY I

09:00–10:00

SUPRASPINATUS TENDON REPAIR WITH LHB TENODESIS AND ACJ RESECTION

Operator: Hubert Laprus

Moderators: Piotr Kominiak, Adrian Błasiak

09:00–09:05 Case presentation
09:05–10:00 Live surgery broadcast

LIVE SURGERY II

10:00–11:00

REPAIR OF AN INTRATENDINOUS SUPRASPINATUS TENDON TEAR

Operator: Antoon van Raebroeckx

Moderators: Clara Azevedo, Krzysztof Hermanowicz

10:00–10:05 Case presentation
10:05–11:00 Live surgery broadcast

11:00–11:30 **Coffee break**

SESSION 2

11:30–12:30

ADVANCED SHOULDER

Moderators: Robert Pełka, Przemysław Lubiowski, Ana Catarina Angelo

11:30–11:40 Palliative treatment of massive rotator cuff tears – **Adrian Błasiak**
11:40–11:50 Mini battle – transosseous sutures for RCT: best options – **Maciej Uchowicz / Boris Poberaj**
11:50–12:00 CAM – **Karolina Skarysz**
12:00–12:10 Muscle transfers LDT, LTT – mini battle – **Maciej Kiciński / Clara Azevedo**
12:10–12:20 Reverse shoulder arthroplasty – **Adam Kwapisz**
12:20–12:30 Discussion

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12:30–13:30 Lunch break

LIVE SURGERY III

13:30–15:00

REPAIR OF A LARGE ROTATOR CUFF TEAR WITH LHB AUGMENTATION

Operator: Adrian Błasiak

Moderators: Ladislav Kovacic, Maciej Uchowicz

Possible variant with SSN release

13:30–13:35 Case presentation

13:35–15:00 Live surgery broadcast

Broadcast partner

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15:00–16:30

REPAIR OF A MASSIVE ROTATOR CUFF TEAR

Operator: Maciej Kiciński

Moderators: Robert Pełka, Adam Kwapisz

Possible variant with CAM

15:00–15:05 Case presentation

15:05–16:30 Live surgery broadcast

16:30–16:50 Coffee break

LIVE SURGERY V

16:50–18:20

REVERSE SHOULDER ARTHROPLASTY

Operators: Bartłomiej Kordasiewicz and Roman Brzóska

Moderators: Marek Kulczyk, Boris Poberaj

16:50–16:55 Case presentation

16:55–18:20 Live surgery broadcast

MINI SESSION

18:20–18:40

LECTURES AND DISCUSSION

18:20–18:30 Presentation of patients operated during the previous edition – Aleksander Łapaj / Grzegorz Słota

18:30–18:40 Discussion

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SESSION 1

09:00–10:00

INSTABILITIES & TRAUMA PART 1 / BASICS

Moderators: Hubert Laprus, Marcin Domżański, Andrei Popescu

09:00–09:10	Diagnosis and treatment of unidirectional instability — anterior instability — Robert Pełka
09:10–09:20	Management of first-time anterior shoulder dislocations — Ladislav Kovacic
09:20–09:30	Management of proximal humerus fractures — Paweł Norwa
09:30–09:40	Management of clavicle fractures — Jan Mincewicz
09:40–09:50	Management of ACJ dislocations — Wojciech Solecki
09:50–10:00	Discussion

10:00–10:20 Coffee break

LIVE SURGERY I

10:20–11:15

ANTERIOR INSTABILITY IN SOFT TISSUES — DAS PROCEDURE

Operators: Ana Catarina Angelo and Clara Azevedo

Moderators: Przemysław Lubiowski, Adrian Góralczyk

10:20–10:25	Case presentation
10:25–11:15	Live surgery broadcast

MINI SESSION

11:15–11:45

LECTURES AND DISCUSSION

11:15–11:25	Posterior instability — Przemysław Lubiowski
11:25–11:35	Multidirectional instabilities — Andrei Popescu
11:35–11:45	Discussion

LIVE SURGERY II

11:45–12:50

POSTERIOR INSTABILITY: POSTERIOR LABRAL REPAIR, McLAUGHLIN PROCEDURE

Operator: Ladislav Kovacic

Moderators: Robert Pełka, Bartłomiej Kordasiewicz

11:45–11:50	Case presentation
11:50–12:50	Live surgery broadcast

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12:50–13:50 Lunch break

SESSION 2

13:50–14:45

INSTABILITIES PART 2 / ADVANCED

Moderators: Adam Kwapisz, Wojciech Solecki, Paweł Norwa

13:50–14:00	Indications for surgical treatment of anterior instability using the BONE BLOCK technique – Marcin Domżański
14:00–14:10	Indications for surgical treatment of anterior instability using the LATARJET technique – Roman Brzóska
14:10–14:20	Degenerative changes in the course of instability – treatment algorithm – Adrian Góralczyk
14:20–14:30	Sleep disorders in shoulder conditions – Marcin Domżański
14:30–14:40	Rehabilitation after rotator cuff repair – Dr Patryk Kłaptocz
14:40–14:45	Discussion

14:45–15:00 Coffee break

LIVE SURGERY III

15:00–16:30

ANTERIOR INSTABILITY — LATARJET PROCEDURE WITH ABSORBABLE SCREW FIXATION

Operator: [Roman Brzóska](#)

Moderators: Piotr Kominiak, Krzysztof Hermanowicz

15:00–15:05	Case presentation
15:05–16:30	Live surgery broadcast

LIVE SURGERY IV

16:30–18:00

ANATOMICAL SHOULDER ARTHROPLASTY FOR OSTEOARTHRITIS FOLLOWING INSTABILITY

Operators: [Roman Brzóska](#) and [Bogdan Naszkiewicz](#)

Moderators: [Ladislav Kovacic](#), [Boris Poberaj](#)

16:30–16:35	Case presentation
16:35–18:00	Live surgery broadcast

Broadcast partner



18:00 End of symposium
[Roman Brzóska](#)

The programme is subject to change. Detailed organisational information will be provided to registered participants by the organiser.